

April - June
2014



**DEVELOPMENT
HOMES, INC.**

Developing Times

CEO Corner *Sandi Marshall*

Great news! DHI was awarded our new 4-year accreditation from the Council on Quality and Leadership. The review took place the week of March 11-14, and involved a fun, new process. For a day and a half, we had about 40 stakeholders involved in a focus group, helping us to build on our strengths and set some goals for getting even better at providing services.

There were about 15 individuals we support who were part of the focus group. They rocked! We have some very articulate and passionate folks who are great self-advocates, and advocates for people with disabilities in general. One of the most important thing people told us is how important it is to listen to them, so they can have more say in their everyday lives. This starts with patient and attentive listening. Sometimes, this means finding more creative ways to give people a voice, and can involve use of technology in new ways.

More and more, we are shifting from a person-centered approach to one that is actually directed by the person. This means being responsive, in a timely manner, when someone's needs change, or when their dreams for their life change. It means we don't talk about and around a person, but give them the chance to really take hold of their own meetings. We are committed to training people to be able to take on more of this leadership.

Another goal area is promoting a better understanding about who DHI is, what we do, and about the value of the wonderful people we support within our community. Wouldn't it be great if people could be available for public speaking, as part of a speaker's bureau? There are other things we can do too, like having people write articles in our newsletters, and developing a plan for better using the media to spread the word about the contributions of people-supported to our community.

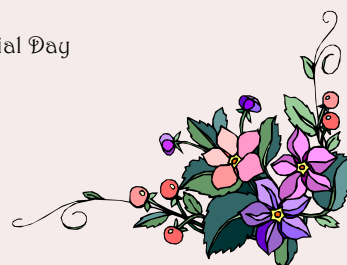
Finally, we want to host a big celebration this year! Did you realize DHI has been in business for 40 years this year? We plan to get a committee together to have a big event in conjunction with an open house, sometime later this year. Any volunteers to help with this are welcome! Keep your eyes and ears out for more information, and let your supervisor know if you are willing to help plan the event. We have a great year ahead of us!

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Holiday's and Closures

4/18 Good Friday
4/20 Easter
5/26 Memorial Day



Robert's Cruise

Robert Lee had a very exciting time when he went a Caribbean Cruise. He looks forward to going back in the future!



Pinterest Projects of the Month Kristie Aarvig

APRIL

Rustoleum's NeverWet: Invisible until it rains.



MAY



JUNE

Buy a box of glow sticks, cut off one end & pour into the jar.

Seal with a lid and shake to coat the inside. Instant lantern.



Payroll Reminder

April
Tues. 15th & Wed. 30th

May
Thur. 15th & Fri. 30th

June
Fri. 13th & Mon. 30th



Please also keep the payroll office/HR Department updated with any change of address that you may have throughout the year. All forms are available in the waiting room at the main office.

Classifieds



Monthly Birthday Winners

January Winner:
Kristi Ness



February Winner:
Betty Treumer

March Winner:
Rebecca Rath





Development Homes 2nd Annual
Autism Awareness
Walk & Community Celebration
Free and open to the public

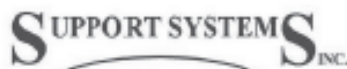


Saturday, April 26, 2014
UND Wellness Center

801 Princeton St, Grand Forks - located behind Ralph Engelstad Arena

Autism spectrum disorders (ASDs) are a group of developmental disabilities that can cause significant social, communication, and behavioral challenges.

Sponsored By



Join us for a morning of family fun, mixed with valuable information and resources.

Registration 9:30 - 10:30 AM

Save time by pre-registering and signing your participation waivers in advance!

Call Shannon Ehlers at 701-335-4000 or email
SEhlers@developmenthomes.org
for more information on pre-registration.

Booth Exhibits 9:30 - 11:30 AM

Collect exhibitor stamps and enter to win one of two Apple iPads and other fabulous door prizes!

Drawing to be held at 11:00 AM.

Autism Walk 10:30 - 11:30 AM

Earn tickets for each lap around the track and trade them in for cool prizes!

Plus -

**Face Painting,
Games, Activities,
Prizes, Snacks,
Music Therapy in
Motion & More!**



New Employees That Have Joined the DHI Team

January

Aaron Holzkamp
Marquell Theis
Claire Romo
Kellie Rickabaugh
Hawa Omar
Rachel Laabs
Casey Schill

Skye Albert
Alissa Vonasek
Kathryn Ewers
Tyler Wedin
Jean Nguessan

February

Bailey Davis
Kaylar Neumann
Hawa Gaafaa
Fatu Konneh
Muna Mohamed
Cassandra Hietala

Megan Spitzer

March

Coltes Martin
Hannah Hill
Dawn Denn
Edward Jallah
Alexis Tyce
Nikolas Burnett

Warda Ahmed
Melea Hoeffner
Alissa Morrison
Haley Suedel
Timothy Anderson
Kimberly Northagen

Jodi Miller
Kara Schuster
Samira Hersi
Denise Arneson-Kvasager

Employee Anniversaries

April Anniversaries - Years

Lorraine Lubarski	2
Tianna Boaz	1
William Rerick	2
Katy S Ramey	2
Shelby Braaten	1
Heather Flores	2
Sarah Fay	1
Naomi Mathsen	2
Jessica Kobetsky	1
Stacia Swenson	3
Michael MacGinnis	1
Tanya Matson	1
Michelle Hendrickson	3
Sydney Schmitz	1
Rebecca Spitzer	3
Trevor Trombley	1
Jill H Hewitt	4
Fanta Kromah	6
Rod Huus	6
Jamie R Tverberg	6
Carla Bakken	9
Stephanie Paulette	11
Michalle Radke	11
James Peterson	12
Suzana Jelen	13
Remie Cowan	19

May Anniversaries -

Karlee Liddle	2	Chad Anglebrandt	1
Asmahan Ahmed	1	Sydney Buckle	1
Nicole Jefferson	2	Lauren Frisby	1
Danni Bina	2	Geraldina Delgado	2
Atewa Akwenjem	1	Sadiyo Gelle	1
Bryce Bommersbach	1	Enku Lemma	1
Hani Farah	2	Tatiana Risky	2
Taylor Browen	1	Kiersten Stuewe-Rowe	2
Rhoda Brown	1	Christina Ramstad	1
Andrea Nelson	2	Sandra Nygord	2
Phil Schneider	1	Rebecca Rath	1
Susan Campbell	1	Stephen Chiejina	3
Amanda Dalzell	1	Bonny Reese	1
Alisia Cross	3	Debra Boaz	3
Andrew Gleich	1	Kwouajoh M Arinoh	3
Maxine Garza	3	Lindsey Beattie	3
Allison Jaynes	3	Karen Raymond	3
Steffan Oliver	3	Elvis Kintang	3
Selam Gullicks	1	Conor Roche	3
Angela Litzinger	3	Kristina Dvergsten	3
Melinda Kost	1	Joseph A Bailey	4
Shelby Bommersbach	4	Kari E Melberg	4
John Bartlette	4	Brittney L Peterson	4
Alex Lynch	1	Gerald L Christensen	4
Abby Boschee	6	Ian Roche	6
Emily Smith	6	Elizabeth Knudson	12
Jonathan Thompson	6	Tina Eisenman	13
Alexandra C Smith	7	Nathaniel Matt	13
Tanner Bommersbach	7	Stacey Rudolph	16
Tammy Slininger	8	Mary Mattern	26
Dylan Dachtler	8		
Theresa Flatin	13		
Deborah Knopp	18		



R

Calico Beans

4oz bacon, diced
 1lb lean ground beef (90% lean)
 1/2 Cup chopped onion
 1 can (21oz) pork and beans
 1 can (16oz) kidney beans, rinsed and drained
 1 can (16oz) butter beans, rinsed and drained
 1/2 Cup packed brown sugar
 1/2 Cup ketchup
 1 Tbsp. cider vinegar
 1 tsp. prepared mustard
 1 tsp. salt



In a large skillet, cook bacon over medium heat until crisp. Remove to paper towels to drain. Discard drippings. In the same skillet, cook beef and onion over medium heat until the meat is no longer pink; drain. Combine the beef mixture, bacon, beans, brown sugar, ketchup, vinegar, mustard and salt. Spoon into a greased 2-qt baking dish. Bake uncovered at 325° for 45-60 min. or until the beans are as thick as desired. Yield: 8-10 Servings

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C

Taco Macaroni Salad

2 C. cooked corkscrew macaroni, chill 1 hour
 1lb. Ground beef
 1 (1-1/4oz) pkg. taco seasoning mix
 1/2 C. French dressing
 1 pt. cherry tomatoes, (halved), or diced tomatoes
 1 C. (4oz) shredded cheddar cheese
 1/2 C. each, green onions and green peppers
 1/2 head lettuce, optional



Cook ground beef, until browned, stirring to crumble. Drain well. Stir taco seasoning and French dressing. Cool. Combine pasta, beef mixture and remaining ingredients in large bowl, tossing well. The lettuce may be shredded and added to the salad, or may be used as a bed for the salad. Yields: about 8 serving

i

p

Mountain Dew Salad

1 lg. pkg. lemon Jello
 1 (16oz.) bottle Mountain Dew
 1 (No.2) can pineapple tidbits
 1 can lemon pie filling
 2 C. miniature marshmallows
 1 sm. Cool whip
 2 C. hot water
 1 can lemon pie filling



Dissolve lemon Jello in 2 cups hot water. Pour Mountain Dew in a 2 cup measuring cup. Add pineapple juice if needed to make 2 cups. Add to Jello. Chill until soft set. Add lemon pie filling, drained Pineapple tidbits and marshmallows. Fold Cool Whip into mixture. Chill

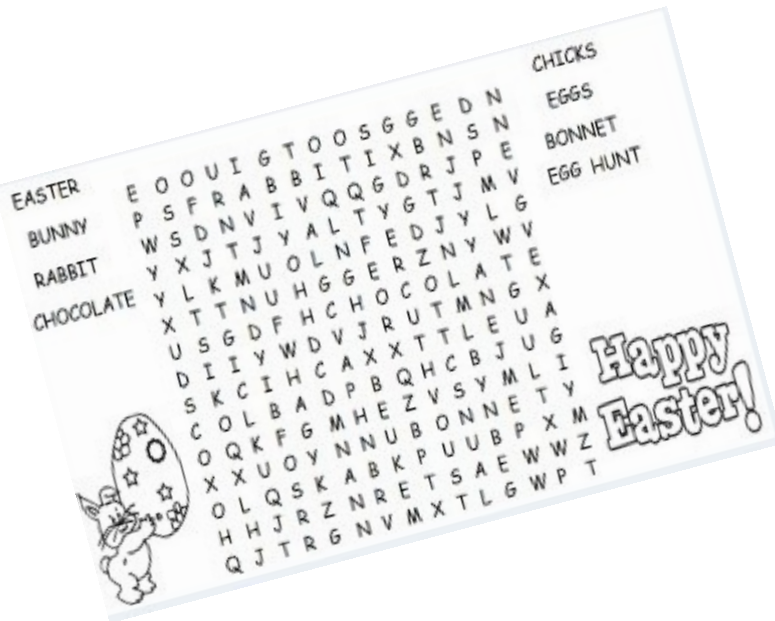
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Submitted by Julie Vold



PUZZLES



	4	6				2	1	
8		1	2		6	7		5
				1				
	8		5	9	7		2	
	7		4	3	1		6	
				2				
7		3	1		8	4		2
	6	2				9	7	

© Dave Fisher

Thank You

Thank you to all, for your prayers and good wishes. It gave me the strength to be strong for my husband but most of all, it warmed my heart. I am so grateful to my fellow coworkers for donating sick leave on my behalf, so that I could be with him on his road to recovery. Your act of sharing will never be forgotten.

Thank you,
Sue (Richard) Lunski

Two Thumbs Up Seth Christianson

Catching Fire



Comments: This movie is INTENSELY AWESOME! However, I HATE the fact that it ended abruptly.

RoboCop



Comments: This movie is so SWEET and good. My favorite part is when RoboCop was driving his motorcycle into Omnicorp and he jumped over security guards on it, it flipped in the air, and it landed in Omnicorp.

March 21st marks the 9th anniversary of **“World Down Syndrome Day”** (WDSD), an event begun by the organization Down Syndrome International to help raise awareness of what Down syndrome is, what it means to have Down syndrome, and how people with Down syndrome play a vital role in our lives and communities.

In 2011, the United Nations General Assembly extended the recognition of this day by passing a resolution to observe “World Down Syndrome Day” on March 21st each year, and inviting *“all Member States, relevant organizations of the United Nations system and other international organizations, as well as civil society, including non-governmental organizations and the private sector, to observe World Down Syndrome Day in an appropriate manner, in order to raise public awareness of Down syndrome.”*

Combating stereotyping is a major goal of “World Down Syndrome Day.” According to United Nations Secretary-General, Ban Ki-moon:

“In working life, stereotypes against persons with Down syndrome often mean they are denied vocational training opportunities and their right to work. In the political and public sphere, persons with Down syndrome and other persons with intellectual disabilities are often deprived of their right to vote and fully participate in the democratic process.”

“World Down Syndrome Day” takes place on March 21 because this date (3-21), represents the 3 copies of chromosome 21 (trisomy 21), which is unique to people with Down syndrome.

Each year at this time, people with Down syndrome, and those who live and work with them, make an effort to raise awareness of this genetic disorder, and remind the world that all of us are “More Alike Than Different.”

When I reminded brother Robert that “World Down Syndrome Day” was coming up, he said: “you should put it in the newspaper and tell everyone to be ‘Up With Downs!’”

Robert, who has Down syndrome, has a great sense of humor and likes wordplay.

It's an acquired skill, not always appreciated at times, but having grown up in a highly literate household with two English majors for brothers and twice as many teachers for siblings and siblings-in-law, he couldn't escape it -- the family has a propensity for puns, spoonerisms, malapropisms, Tom Swifties and various verifications and witty word play.

“Okay,” I said. “But what do you mean by ‘Up With Downs?’”

“Well,” he replied, “you know. . . it's better to be up than down, so everyone should be UP with Down syndrome.”

Then, in typical Robert Johnson “I-can-do-anything-you-can-do” fashion, he added, “you know, maybe I should put it in the newspaper. If I do say so myself, I can write pretty good, too.”

“Okay,” I said. “Why don't YOU tell people what you mean by “Up with Down syndrome” and we can send it to the newspaper.

So . . . here's Robert in his own words (with spelling help from me).



UP WITH DOWN SYNDROME

by Robert Johnson

Hi. My name is Robert Johnson.

I'm 41 years old. I live in Grand Forks with my mom, brother Sam and sister-in-law Mary Ann.

I have other family here, too, like my brother Peter and his wife Marsha.

I work at DHI (Development Homes Inc.) and the Blue Moose, and help out at Agassiz Enterprises, too.

I am writing this article about "Down Syndrome Awareness" because I have Down syndrome myself and I know all about it.

Here is what I want you to know about Down syndrome:

1). Having Down syndrome (DS) doesn't mean you are handicapped. People with DS can do lots of things.

2). People with Down syndrome are not retarded. I do not like this word because it is not "People First" language. People should not use the R-word "retarded" because it can hurt people.

3). Down syndrome is not a sickness, illness, or disease. It is a condition that you are born with.

4). People with Down syndrome are able to learn lots of things if they have good teachers.

5). People with Down syndrome should not be treated different, but the same, only with special needs.

6). People with Down syndrome are people first and should be treated the same as all people -- and that's with respect.

7). Finally, I want to say . . . don't look down on people with Down syndrome, look up -- UP WITH DOWNS!

Also I want to say how much I like living in Grand Forks and meeting new people all the time. I hope to meet YOU some day, too!

And now Sam will tell you some more things about "World Down Syndrome Day."

* * * * *

Thanks, Robert.

Yes, Down Syndrome International is one of several organizations sponsoring "World Down Syndrome Day," dedicated to helping people know the facts about Down syndrome.

Parent organizations such as the National Down Syndrome Congress (NDSC), the National Association for Down Syndrome (NADS), and "the ARC," along with hundreds of their affiliate organizations, sponsor public presentations, conduct special activities like "the Buddy Walk," and distribute public service information and announcements (perhaps you've seen The ARC ad on TV or in the River Cinema Theaters with Robert at work picking up recyclables). The goal is to showcase the many abilities and achievements of people with Down syndrome.

In each case, the goal is the same: to promote awareness that "We're More Alike Than Different," and that people with Down syndrome are capable people with many different abilities and interests.

Continued on the next page

Here are some things these groups want you to know:

- Down syndrome is a relatively common genetic disorder that affects one in 691 newborns in the U.S., with an estimated 6 million people living with Down syndrome world-wide.
- Down syndrome occurs when an individual is born with additional chromosomal material, usually three instead of two copies of chromosome 21 (trisomy-21).
- As a result of the extra genetic material, individuals with Down syndrome experience developmental difficulties that range from minimal to severe; however, the majority of cases fall within the mild to moderate range.
- Down syndrome knows no barriers of race, nationality, social class or religion. Over 400,000 people in the United States are living with Down syndrome, and the lives of many others are also touched by this genetic disorder.

It's amazing to think that less than 35 years ago, many people with Down syndrome were routinely institutionalized.

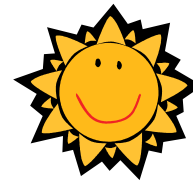
Thanks to the work of parents and advocacy groups (like those mentioned above), medical advances, early intervention, classroom inclusion, increased opportunities, and loving support of families and communities, individuals with Down syndrome can and do live healthy, happy, and fulfilling lives.

Many individuals with Down syndrome graduate from high school and some attend college. Many are employed, and perform their jobs in an exemplary way.

As with so many things, education, familiarity, and awareness are important to dispelling the many misconceptions about Down syndrome, and key to realizing that we are all “More Alike Than Different.”



DHI Gaming Information Janelle Mitzel



Development Homes, Inc. sponsors 5 locations for live gaming in the Grand Forks area. Gaming is located at Rumors Bar & Grill, Joe Black's, Charlie Brown's, El Roco Nightclub and Kelly's Bar. Live gaming includes bingo, electronic bingo, blackjack, pig wheels, and pulltabs.

New at DHI – Bingo at El Roco Lounge Monday – Friday 5:30 pm.

DHI Bingo Giveaways Every Week!!!

Rumors – Tuesday - \$1000

Wednesday - \$1000

Thursday - \$1000

Kelly's – Wednesday - \$400

Friday - \$150 & \$250

Charlie Brown's – Every Night - \$100 & \$300

Mondays in March & April – \$1000



DHI Bingo Session Times:

Rumors – Monday through Friday – 12:15 PM

– Monday through Saturday – 5:30 PM

Kelly's – Monday through Saturday - 6:30 PM

El Roco Lounge – Monday through Friday 5:30 PM

Charlie Brown's – 7 days a week – 7:45 PM

Saturday & Sunday 3 PM

For daily jackpot information call the Bingo Hotline at 335-4051.

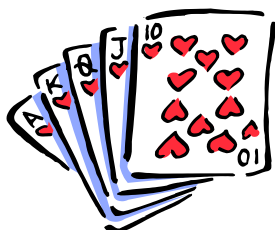


Development Homes Spring Poker Tournament at Rumors:

Thursday April 10th – Rumors Free Roll and Satellite Tourney

Friday April 11th – Satellite Tourney

Saturday April 12th – Main Poker Event



Race On Into Rumors! Rumors gaming provides pari-mutuel horse betting and live racing broadcasts. Bet on your favorite ponies for the Triple Crown Races this spring!

Kentucky Derby - Saturday May 3rd

The Preakness Stakes – Saturday May 17th

The Belmont Stakes – Saturday June 7th



9	4	6	8	7	5	2	1	3
8	3	1	2	4	6	7	9	5
5	2	7	9	1	3	6	8	4
6	8	4	5	9	7	3	2	1
3	1	9	6	8	2	5	4	7
2	7	5	4	3	1	8	6	9
4	5	8	7	2	9	1	3	6
7	9	3	1	6	8	4	5	2
1	6	2	3	5	4	9	7	8

Answers



EASTER	E O O U I G T O O S G G E D N	CHICKS
BUNNY	P S F R A B B I T I X B N S N	EGGS
RABBIT	W S D N V I V Q Q G D R J P E	BONNET
CHOCOLATE	Y X J T J Y A L T Y G T J M V	EGG HUNT
	Y L K M U O L N F E D J Y L G	
	X T T N U H G G E R Z N Y W V	
	U S G D F H C H O C O L A T E	
	D I I Y W D V J R U T M N G X	
	S K C I H C A X X T T L E U A	
	C O L B A D P B Q H C B J U G	
	O Q K F G M H E Z V S Y M L I	
	X X U O Y N N U B O N N E T Y	
	O L Q S K A B K P U U B P X M	
	H H J R Z N R E T S A E W W Z	
	Q J T R G N V M X T L G W P T	



Happy Easter!

Thank you to everyone for all the great articles & ideas!